

DIVISION OF CARDIOVASCULAR MEDICINE

PRESENTS

The 33rd Annual Symposium

Cardiovascular Disease: State of the Art 2026

June 20 – 23, 2026

Ocean Edge Conference Center
Brewster, Massachusetts
Cape Cod

photo courtesy of Sherif Labib, M.D.

Beth Israel Lahey Health



Lahey Hospital & Medical Center

Cardiovascular Disease: State of the Art 2026

THE 33RD ANNUAL SYMPOSIUM

June 20 – 23, 2026

Course Directors:

G. Muqtada Chaudhry, M.D., Sherif B. Labib, M.D., David M. Venesy, M.D.

PROGRAM OVERVIEW

This program is designed to assist physicians and advanced practitioners in caring for patients with both common and complex cardiovascular problems, with emphasis on practical incorporation of the most recent advances into clinical practice.

PROGRAM OBJECTIVES

The following address the ACGME/ABMS “Medical Knowledge” and “Compassionate, Appropriate & Effective Patient Care”

Competencies: Upon completion of this program, attendees should be able to better evaluate and manage: congestive heart failure; devices and new treatments for heart failure; cardiomyopathies; cardiac amyloidosis, cardiac sarcoidosis; cardio-renal syndrome; acute and chronic coronary artery disease syndromes; antiplatelet therapies for CAD; hypertrophic cardiomyopathy; artificial intelligence; valvular heart disease; trans-catheter valve replacement/repair; atrial fibrillation; pacemakers; novel anticoagulants; pulmonary embolism, new weight-loss medications, novel treatments for hypertension; lipid medications update; preventive cardiology; and recent trials and their impact on clinical practice.

WHO SHOULD ATTEND

The course is intended for cardiologists, generalists, and all primary care providers/practitioners seeking an update in cardiovascular diagnostic and therapeutic strategies.

FORMAT

State of the art lectures and expert panel discussions utilizing illustrative cases.

ACKNOWLEDGEMENT

Appropriate acknowledgement will be given in conference materials distributed at registration for all commercial support of this activity.

ACCREDITATION

Lahey Clinic Hospital, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Lahey Clinic Hospital, Inc. designates this live activity for a maximum of 15.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) – MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.75 MOC in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



AMERICAN ASSOCIATION OF NURSE PRACTITIONERS®

This educational activity will be submitted to the American Association of Nurse Practitioners® for approval of up to 15.75 contact hours of accredited education.

SATURDAY, JUNE 20, 2026

- 12:00 pm **Registration**
Mansion Ballroom
- 1:00 **Welcome and Introduction**

HEART FAILURE SESSION I

Moderator: David M. Venesy, M.D.

- 1:10 **Heart Failure in 2026:
State of the Art**
Marvin A. Konstam, M.D.
- 1:50 **Questions**
- 2:00 **Cardiomyopathies You Don't
Want to Miss**
**(Amyloidosis and Sarcoidosis:
Not as Rare as You Think)**
Sachin P. Shah, M.D., M.B.A.
- 2:35 **Questions**
- 2:45 **The Cardio-Renal Syndrome:
Managing Heart Failure in the
Setting of Renal Insufficiency**
Marvin A. Konstam, M.D.
- 3:20 **Questions**
- 3:30 **Break**

HEART FAILURE SESSION II

Moderator: David M. Venesy, M.D.

- 3:45 **Atrial Fibrillation and
Heart Failure: The Twindemic**
Paul R. Harnish, M.D.
- 4:15 **Questions**
- 4:25 **Heart Failure in the Real World:
Case Presentations**
David M. Venesy, M.D.
- Panel Discussion:**
Paul R. Harnish, M.D.
Marvin A. Konstam, M.D.
Sachin P. Shah, M.D., M.B.A.
- 5:00 **Adjourn**
- 6:00 **Welcome Reception**
Mansion Front Lawn
(Rain Backup —
Addie Nickerson Terrace)

SUNDAY, JUNE 21, 2026

- 7:30 am **Continental Breakfast for
Course Attendees**

CORONARY ARTERY DISEASE

Moderator: Sherif B. Labib, M.D.

- 8:00 **ACS Guidelines:
The Latest Update**
Sunil V. Rao, M.D.
- 8:40 **Questions**
- 8:50 **Clinical Decision Making in CAD:
When to Consider
Med Rx vs. PCI vs. Surgery?**
Frederic S. Resnic, M.D., M.Sc.
- 9:25 **Questions**
- 9:35 **Real World CAD
Case Presentations**
Christopher T. Pyne, M.D.
- Panel Discussion:**
Darryl D. Esakof, M.D.
Sunil V. Rao, M.D.
Frederic S. Resnic, M.D, M.Sc.
- 10:15 **Questions**
- 10:25 **Break**
- 10:40 **A New Era of Treatment of
Hypertrophic Cardiomyopathy**
Martin S. Maron, M.D.
- 11:15 **Questions**
- 11:25 **Practical Tips from an Expert
about ECHOs in HCM Patients**
Sherif B. Labib, M.D.
- 12:00 pm **Questions**
- 12:10 **AI in Healthcare: The Future is Now**
Jagmeet Singh, M.D., Ph.D.
- 12:50 **Questions**
- 1:00 **Adjourn**

MONDAY, JUNE 22, 2026

7:30 am **Continental Breakfast for Course Attendees**

CARDIAC ARRHYTHMIAS

Moderator: G. Muqtada Chaudhry, M.D.

8:00 **Stroke Prevention Strategies for Atrial Fibrillation: A CHAMPION ALONE in the OCEAN**
Bruce G. Hook, M.D.

8:30 **Questions**

8:40 **Inpatient Management of Atrial Fibrillation**
Jonathan S. Silver, M.D.

9:10 **Questions**

9:20 **Pacemakers in 2026: Out With the Old, In With the New**
Matthew R. Reynolds, M.D., M.Sc.

9:50 **Questions**

10:00 **Arrhythmia Cases: The Insider's Approach to Common Conundrums**
G. Muqtada Chaudhry, M.D.

Panel Discussion:
Derya Arkonac, M.D.
Matthew R. Reynolds, M.D., M.Sc.
Jonathan S. Silver, M.D.

10:30 **Break**

VALVULAR HEART DISEASE & VASCULAR MEDICINE

Moderator: Thomas C. Piemonte, M.D.

10:45 **Update on Native Valve Interventions: More Than Just TAVRs**
Gautam Gadey, M.D.

11:20 **Questions**

11:30 **Image-Guided Structural Heart Interventions: Expanding Indications**
Sherif B. Labib, M.D.

12:05 pm **Questions**

12:15 **Pulmonary Embolism in 2026: New Data and New Guidelines**
Jana E. Montgomery, M.D., Sc.M.

12:50 **Questions**

1:00 **Adjourn**

TUESDAY, JUNE 23, 2026

7:30 am **Continental Breakfast for Course Attendees**

PREVENTIVE CARDIOLOGY

Moderator: Sarju B. Ganatra, M.D.

8:00 **Hypertension Management: What's New?**
Michael S. Levy, M.D., M.P.H.

8:35 **Questions**

8:45 **The New Frontier: GLP-1 Agonists and the Treatment of Obesity and Cardiovascular Disease**
Amanda G. Powell, M.D.

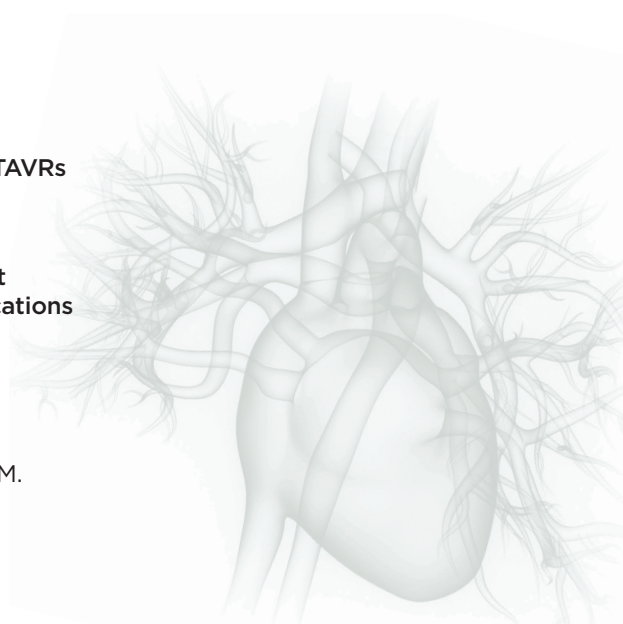
9:20 **Questions**

9:30 **Hyperlipidemia Today: New Guidelines and Current Strategies**
Jason R. Grossman, M.D.

10:05 **Questions**

10:15 **Last Minute Q & A with Prevention Experts**
Jason R. Grossman, M.D.
Michael S. Levy, M.D., M.P.H.
Amanda G. Powell, M.D.

10:30 **Adjourn**



LAHEY HOSPITAL & MEDICAL CENTER REGISTRATION

Cardiovascular Disease: State of the Art 2026

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Registration Fees: Physicians \$825
 Residents/Fellows/Advanced Practice Providers \$650

REGISTER ONLINE:

<https://lahey.cloud-cme.com/course/courseoverview?P=5&EID=9443>
or

MAIL THIS FORM AND CHECK OR CREDIT CARD INFORMATION TO:

Lahey Hospital & Medical Center
Continuing Medical Education
41 Mall Road, Burlington, MA 01805
or

FAX: 781-744-2930

Special Needs:

*Please check if you have any special assistance needs or dietary restrictions.
Please indicate your needs here:*

Please print legibly or type to insure accurate registration.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email (required): _____

PAYMENT BY CHECK: U.S. funds payable to Lahey Clinic Hospital, Inc.

CREDIT CARD PAYMENT INFORMATION

Check: Mastercard VISA American Express Discover

Name as it appears on credit card: _____

Billing Address: _____

Account #: _____

Expiration Date: _____

Amount to be charged: _____

Signature: _____

Confirmation will be sent via email upon receipt of registration.

There will be a \$50 cancellation fee for all registration cancellations.

LAHEY HOSPITAL & MEDICAL CENTER FACULTY

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Former Roman W. DeSanctis
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Founding Director of the
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COURSE DIRECTORS



Sherif B. Labib, M.D.



David M. Venesy, M.D.



G. Muqtada Chaudhry, M.D.

TRAVEL & HOTEL ACCOMMODATIONS

Ocean Edge Conference Center is located on Cape Cod in Brewster, Massachusetts. It is about a 1.5 to 2-hour drive from Boston or a 12-mile drive from the Barnstable Municipal Airport (Hyannis), which has daily air service from New York and Boston.

In addition to being an excellent conference facility, Ocean Edge offers multiple recreational activities, including a championship golf course, tennis courts, swimming pools, exercise rooms, and biking and jogging trails.

A block of rooms has been reserved at a special rate for registrants attending this seminar. The block includes hotel rooms on the Mansion (ocean) side of the property and villas on the (Villages) golf course side of the property. To reserve a room in this block, you must indicate that you are registered for the Lahey Hospital & Medical Center Cardiology Conference.

Reservations and deposit must be made prior to May 19th, directly with Ocean Edge. After May 19th, reservations will be made on a space available basis. Registrants may call Ocean Edge for reservations at 1-774-323-6191 or via email at reservations@oceanedge.com.

DIRECTIONS TO OCEAN EDGE RESORT

Pick up Route 6 (Mid-Cape Highway) at the end of the Sagamore Bridge. Follow Route 6 to the Brewster/Harwich Exit, #10. Turn left onto Route 124 and follow to the intersection of Route 6A (approximately 10 minutes). From this point, it is 1.8 miles to Ocean Edge Resort & Golf Club.

Address: 2907 Main Street (Route 6A), Brewster, MA

COURSE INFORMATION

<https://lahey.cloud-cme.com/course/courseoverview?P=5&EID=9443>

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Photo courtesy of Sherif Labib, M.D.

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